



Fun, Friends & Learning in December!

December was fun, with holiday festivities, creative activities, and delicious treats!

■ HOLIDAY FUN

The kiddos decorated sugar cookies and gingerbread trains. Tiny hands added frosting, painted snowflakes, and sprinkled on edible glitter. We made Christmas decorations, danced to holiday music, sang carols, and went on a festive treasure hunt with Ms. Brenda.

■ THE NUTCRACKER

The children enjoyed a week of special activities designed around the classic Christmas story, The Nutcracker. Ms. Marquita, our music teacher, played selections from Tchaikovsky's music for The Nutcracker ballet. Ms. Annde and the kids examined the inside and outside of a walnut. We also introduced a new artist daily and discovered a fun connection between their art and the Nutcracker story. Some of the artists

included Vincent Van Gogh, Beatrix Potter, and Edgar Degas.

■ COOKING ADVENTURES

We've been busy in the kitchen! The kiddos made brownies and decorated Christmas cookies. We used child-safe knives to cut up fresh cucumbers for delicious cream cheese and cucumber sandwiches. We wrapped biscuit dough around Hebrew hot dogs for a



yummy lunch. Cooking is a beautiful way to engage our five senses (touch, hearing, sight, smell, and taste) and develop skills in numerous areas of child development.

■ ARTS & CRAFTS

We created holiday decorations and Christmas cards. The kiddos made snowman ornaments outlined with colorful jewels and wreaths made from tissue paper and pom poms. We also made paintings using flowers as brushes! The kiddos dipped carnations and chrysanthemums in paint and created modern masterpieces.

■ THANK YOU

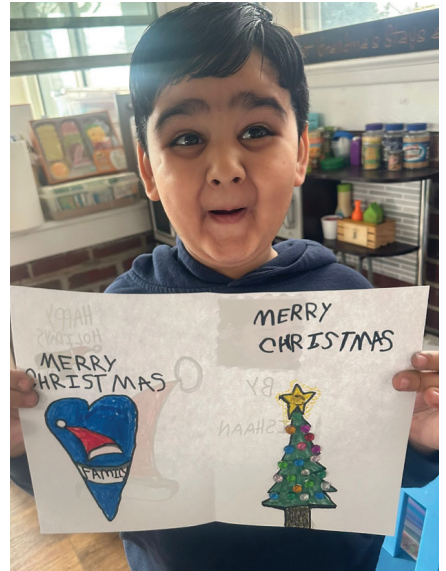
As we celebrate the end of 2024, we are immensely proud of the kiddos' progress this year. We are grateful for the opportunity to support our working families with their children's early learning growth and development. Thank you for entrusting us with your precious little ones.

Kiddos in the Kitchen

The children have been busy playing and learning in the kitchen. We made messy brownie batter, decorated gingerbread trains and sugar cookies, made savory cream cheese and cucumber sandwiches, baked biscuits with melted cheese, and more!







Fun with Friends!



VISIT PAGES 6 & 7 FOR IMPORTANT FLU PREVENTION TIPS!



Monica Jackson is owner and Director of Jackson Child Care (JCC). Our mission at JCC is to learn, play and grow together! We provide a safe, nurturing, child-centered setting that fosters each child's success and a love of learning in collaboration with parents and the community. We are committed to building a successful early learning foundation to equip children with school readiness skills. We operate according to safety protocols that adhere to the Center for Disease Control and Department of Health Guidelines.

We are currently enrolling children for our preschool program. For information, please contact Monica at 703-354-5913 or jacksonchildcare@gmail.com. Visit us on the web (www.mjchildcare.com) and Facebook (www.facebook.com/mjchildcare).

PREVENT the spread of the **FLU** by following these hand washing tips

1.

USE WARM WATER (avoid hot or cold temperatures) to wash your hands.

2.

Wash your hands for at least **20 SECONDS**.

3.

WASH YOUR WRISTS, both sides of your hands, between fingers, around your nails, and anywhere germs might be present on your arms.

4.

CLEAN THE DIRT underneath your fingernails.

5.

RINSE THOROUGHLY and pat dry with a clean towel.

6.

If there is no soap or water available, **USE AN ALCOHOL-BASED HAND SANITIZER**.

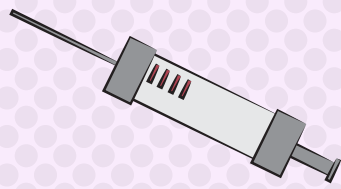


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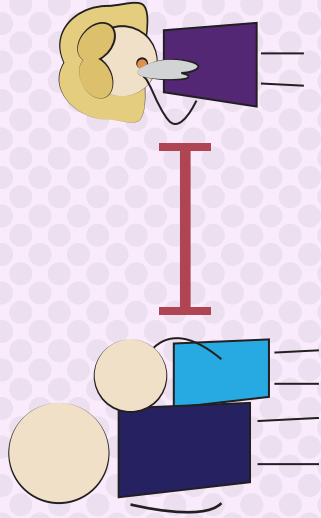
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Ways to PREVENT THE FLU in Young Children:

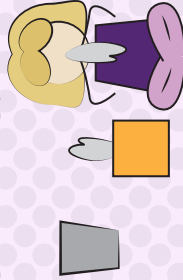


**GET THE
FLU VACCINE.**

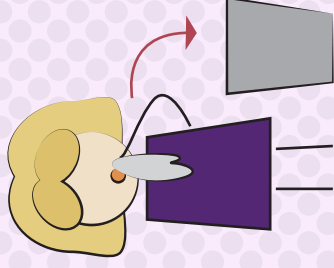
**KEEP CHILDREN AWAY FROM
SICK INDIVIDUALS.**



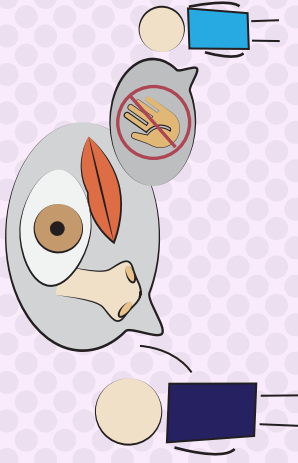
**MAKE SURE
CHILDREN
COVER THEIR
MOUTHS WHEN
COUGHING OR
SNEEZING.**



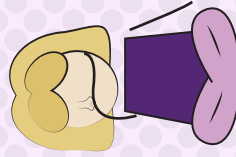
**TEACH
CHILDREN TO
COUGH OR
SNEEZE INTO A
TISSUE AND
THEN THROW
THE TISSUE
AWAY
IMMEDIATELY.**



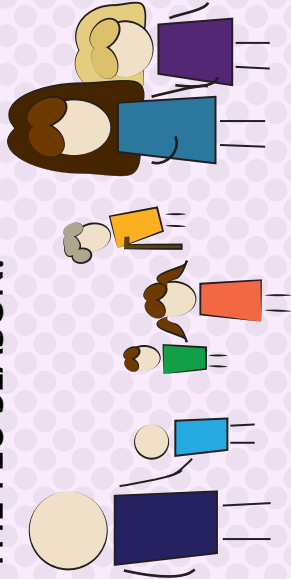
**TEACH CHILDREN TO KEEP THEIR
HANDS OUT OF THEIR EYES,
NOSE, AND MOUTH.**



**TEACH CHILDREN TO SNEEZE INTO THE
CROOK OF THEIR ARM (INSIDE THE
ELBOW), AND AVOID SNEEZING
INTO THEIR HANDS.**



**AVOID LARGE CROWDS AND
CRAMPED VENUES DURING
THE FLU SEASON.**



**TEACH CHILDREN NOT TO
SHARE FOOD OR DRINKS
WITH FRIENDS.**

